



**The Natsékhi Kù Health Centre staff would like to remind everyone that services are available for those who use street drugs or know someone who does.**

**Health Centre and  
Outreach Van staff offer  
confidential support to anyone needing:**

- Help to reduce their use or quit altogether
- Cultural and Elder support
- Clinical counselling
- Harm reduction supplies



**HEALTH CENTRE (867) 668-7289  
CSOs (867) 332-9551**



**If you or someone you know uses street drugs, especially opioids like morphine, fentanyl or heroin, please remember the following things to help stay safer:**

1. Never use alone. Stay with someone you trust long after you've used. Don't wander off by yourself and stay close to a friend if they have used opioids.
2. Don't mix drugs.
3. Always have a **Naloxone kit** very close by. If you need a kit, ask a nurse at the Health Centre for one. They are easy to use. If you have a kit but need to be retrained, come visit us. Outreach van staff dispense Naloxone kits and are running Mon-Sat 4-9 p.m. Call or text (867) 334-1647. Blood Ties Four Directions and Alcohol & Drug Services also dispenses kits.
4. Only use a small amount of your drug first to check the potency. Blood Ties Four Directions offers free drug testing to see if there is any fentanyl in your sample. They will use only a micro quantity to test it. This service is coming to the Health Centre very soon.
5. NEVER share equipment.

**Please remember that Health and Justice staff are also available for citizens needing support when there has been a loss in the community.**

**Be sure to take care of yourself and each other during times of crisis.**



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